### **Course Description**

Researchers and experts in the field of early intervention repeatedly find that most graduate programs fail to provide clinicians with knowledge and experience on best practice patterns for the provision of family-centered services as mandated by Part C of IDEA. Without these learning opportunities, many practitioners working in early intervention find themselves reliant on traditional, child-centered therapy practices. One top-down approach for improving early intervention involves pairing experts in specific fields (e.g. PT, OT, SLP, child development), with caregivers, and integrating the best available research in order to shift from child-focused therapy to familycentered intervention. This presentation will describe the evidence, the challenges, and the practice of using everyday activities and routines as a context for family-centered early intervention. Several tools will be shared in order to help clinicians begin using routinesbased principles and strategies immediately.

### **Objectives**

- Understand the relationship between routines-based intervention and both adult learning and child learning theories.
- Describe the key characteristics for identifying the best routines to use as contexts for early intervention.
- Explain the research supporting routinesbased intervention approaches.
- Identify the challenges associated with using everyday activities as the context of early intervention.
- Identify 5 resources for obtaining more information for additional learning related to best practices in early intervention.

### <u>Agenda</u>

### 6:00 pm Introduction

## **6:15** pm Dilemma: The landscape of EI education

**Question:** Can clinicians at all career stages (from green to seasoned) increase their self-efficacy for using everyday routines and activities as a context for early intervention after a single 90 min webinar?

### 6:30 pm Evidence:

- 1. The best available research
- 2. Federal and state policies and regulations
- 3. Experience based knowledge from leaders in the field

### 7:00 pm Decision:

(Integrating evidence with the dilemma to inform a decision)

- 1. National trends
- 2. California
- 3. Personal decisions
- 4. Routines specifics
  - 1. Key characteristics of routines
  - 2. Challenges
  - 3. Tools/resources

### 7:15 pm Q&A

# This course is pending CPTA approval for 0.15 CEUs

For any questions (e.g. ADA requests) contact Jenny Ngan Monzon at swngan@gmail.com

### **Instructor**

Stacey B. Landberg, M.S, CCC-SLP is a Speech-Language Pathologist, Early Intervention Specialist, National Guest Speaker, and a Media Mentor in her 13th year of professional practice. Stacey works in Los Angeles, where she specializes in providing naturalistic early intervention services to families. Since becoming a mother in 2012 and again in 2013 Stacey's motivation and desire to better support families, specifically parents of today's "Generation Alphas" has increased significantly. Five years ago, she began a new chapter in her career focusing on selfstudy and collaboration with researchers regarding best practices in early intervention, autism, and the impact of technology on early child-caregiver relationships. Stacey has been privileged to speak at conferences and conventions across the U.S. She is a supervisor at a non-profit clinic in Southern CA where she also developed TOT TALK, a grant-funded peer-interaction and parent support group. Stacey earned an early intervention credential from Illinois in 2006 and an ACE award in 2017 for her dedication to lifelong learning. Stacey is a certified member of the American Speech-Language and Hearing Association and a member of the Infant Development Association of CA. She has formal training in Hanen's More Than Words program, SCERTS, PECS, and Family Guided Routines Based Intervention. Stacey received her Bachelor of Arts degree from the University of Redlands and her Master of Science degree from Florida State University.

### **Registration Form**

# An Introduction to Routines-Based Intervention Registration fee:

CPTA Peds SIG Member \$20 IDA Member \$20 Non-Member \$25

Registration deadline: July 18, 2017

#### **Registration:**

- 1. Online registration available at <a href="https://cpptsig.wildapricot.org/">https://cpptsig.wildapricot.org/</a> under "Events" OR
- 2. Mail in Registration
  Please make check payable to
  California Physical Therapy Association
  Do not use abbreviations

Please add "CaPedPTSIG" in the memo line Returned checks will result in an additional \$15 fee

Name: PRINT name/credentials for certificate
Address
City, State, Zip
Telephone
E-mail

If registering by mail, send form to:

California Pediatric PT SIG 319 East Mooney Drive Monterey Park, CA. 91755 Attn: Eunice Shen Sacramento, CA. 95834

Local address: 319 East Mooney Drive

Monterey Park, CA. 91755



### PEDIATRIC SPECIAL INTEREST GROUP

# An Introduction to Routines-Based Intervention

Instructor: Stacey B. Landberg, MS, CCC-SLP

Wednesday, July 26, 2017 6:00 pm-7:30 pm (PST) Live Webinar

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